

# Because housing is just the beginning.



### Dear Friends,



Founded in 1987, CHF began with the goal of helping families experiencing homelessness get the housing and resources necessary to become self-sufficient. CHF started by renting HUD houses for \$1 per year, which CHF rehabbed and rented to working homeless families. Those six rentals have since grown to 40 homes in Arvada, Colorado that we own. CHF helps 200 individuals in any given year. In all our work, CHF strives to propel families to success. Since 1987, 435 families have successfully graduated from CHF, while 167 families have transitioned from being homeless to being home owners, and 114 family members have successfully graduated from post-secondary education. CHF focuses on the following three main areas of growth: economic self-sufficiency, career development, and family stability.

**Economic Self-Sufficiency drives everything at CHF.** To be economically selfsufficient means earning a total family income at a level that enables a family unit to support itself without financial assistance. CHF houses working homeless families at 30% of their income or less, but that is just where we begin.

**Career Development leads to a livable wage job.** CHF provides individual case management to residents with a focus on obtaining an education and marketable job skills to gain better employment. We pay for career aptitude testing, text books, and tuition as needed.

**Family stability contributes to success in both work and school.** In addition to career development and finance courses, other CHF Group Night classes focus on family health and cover anger management, boundary setting, effective parenting, domestic violence, and family communication. We provide focused direction, mentoring, and professional counseling as well as contract with a parenting coach for families who are struggling to parent well.

There is a lot happening at CHF. We are very proud of our residents who go from homelessness to self-sufficiency, but none of this would be possible without you. Thank you for partnering with us in our quest to help families succeed!

KELL

Karen R. Allen, M.A. *Executive Director* 

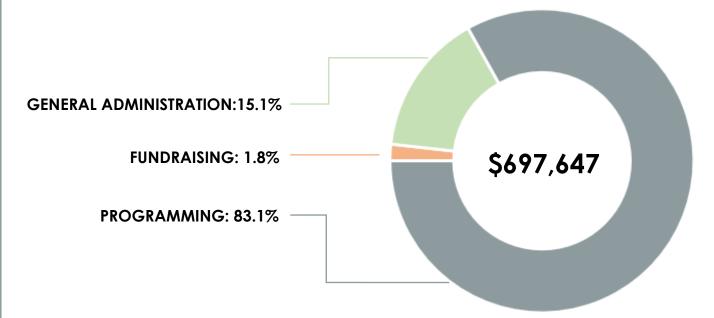


CHF helps families go from homelessness to selfsufficiency for life.

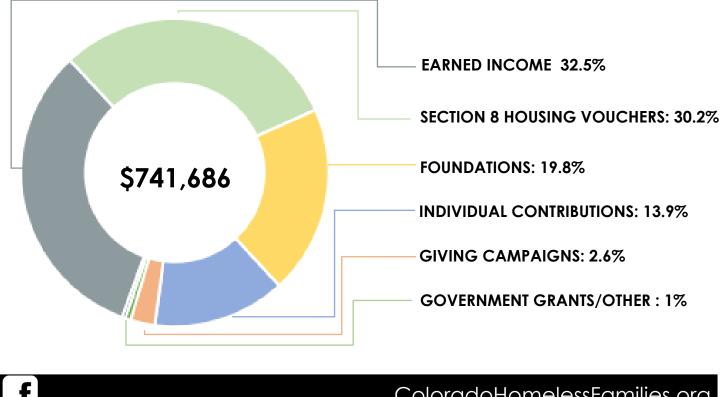


# **2018 Financials**

# WHERE DOES THE MONEY GO?



# WHERE DOES THE MONEY COME FROM?



# Areas of Impact.



#### 1. AFFORDABLE HOUSING

CHF Families only use 30 percent of whatever their income is for housing. This is where the journey begins with our families. Without a decent and safe place to live, everything else seems out of reach.



#### 2. CAREER DEVELOPMENT

Our families come to us in need of a job that will pay them a livable wage that makes the most sense for them and their families. With the help of community partners, we walk with them through the process of reaching their educational and career goals.



#### 3. COUNSELING AND GROUP CLASSES

We work with eight licensed, accredited, trauma-informed professional counselors to help our families address underlying issues and to ensure that they remain self-sufficient after they graduate. We also require CHF Group Night courses that focus on practical life skills.



#### 4. DIRECT FINANCIAL ASSISTANCE & RESOURCES

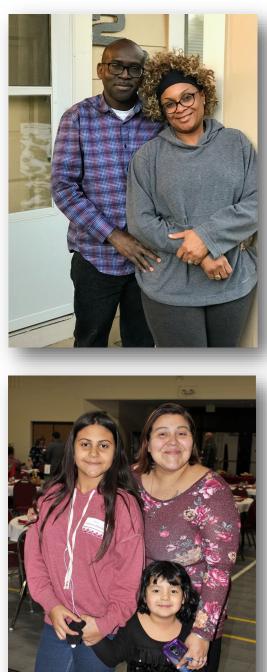
We provide cash assistance to help pay for schooling, transportation, and other expenses on an as needed basis. We also offer an onsite food bank, access to our furniture warehouse, vouchers for clothes, and other life essentials.



#### 5. GRADUATE TO SELF-SUFFICIENCY

The end goal of all of this is that our families move on from CHF to be 100% self-sufficient, which we define as no food stamps, no housing assistance, nor any other form of financial assistance.

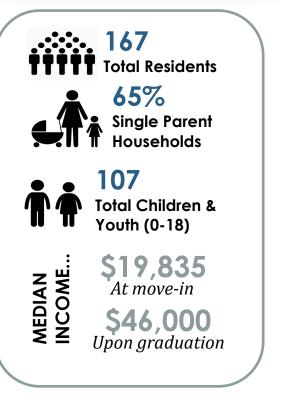
# 2018 Victories.





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HOUSEHOLD SIZE

6+ PEOPLE (14%)

FIVE PEOPLE (21%)

FOUR PEOPLE (21%)

THREE PEOPLE (26%)

TWO PEOPLE (17%)

Children & Youth BABIES & PRESCHOOLER (30%)

**ELEMENTARY SCHOOL (28%)** 

MIDDLE SCHOOL (26%)

HIGH SCHOOL (16%)



40% PARTICIPATE IN CHF SUMMER PROGRAM



57% PARTICIPATE IN WHIZ KIDS (1ST-5TH GRADE)

48% ON THE HONOR ROLE (MIDDLE/HIGH SCHOOL)

# Success Story.

### Meet the Sheltinga family.

Megan is a single mom of two boys, Tristan and Benjamin. She lived on her own for many years working as a Dental Assistant but still could not make ends meet. She wanted to go back to school to be a dental hygienist but didn't have the means to do so. In 2016, Megan found CHF through Hope House of Colorado.

Megan is two semesters away from having her Associates degree from CCD in their Dental Hygiene program. After graduating from school, she plans to save to buy a home.

Since being at CHF, she has attended CHF group classes and met with a counselor to get healing from past traumas, mend her heart, and work on areas of her life that felt out of control. She has avoided bankruptcy, cleared all of her credit card debt, and is now focusing on building her credit. Megan says,

"I have learned that my past does not have to define me and my future is whatever I make of it. With the support and encouragement from CHF, I can now make my dreams into reality. Sometimes all a person needs is someone to believe in them when they can barely believe in themselves . This support has changed my family's life."

We are excited for Megan and her boys as she continues on her journey to self-sufficiency!

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"With the support and encouragement from CHF, I can now make my dreams into reality..." -Megan



### Success Story.

### Meet the Boyamba family.

Prior to immigrating to the United States, Papy was a Medical Doctor from the Democratic Republic of Congo. In fact, he was the head of the Health District of Ingende, a town in the northeast portion of their country. Even though he was a doctor, being able to provide a bright future for their three kids was uncertain.

In 2014, their life changed for the better.

They were able to immigrate to the US because they won a diversity lottery visa. It was a huge opportunity to leave their country where the political system did not give much chance to thrive. They left everything behind to pursue a dream. The transition was very hard for their family but got easier with the help of CHF.

They heard about CHF from friends who were part of CHF. Their goals were to improve their English, and Papy was seeking a master's degree in public health. The Boyamba's graduated to self-sufficiency in the summer of 2018! Their English is now improved through ESL classes they did through Red Rocks Community College. Papy is still working on his MPH at the University of Colorado. Nathalie and Papy have jobs and continue to work very hard. Upon leaving CHF, they purchased their first home. Papy says:

"For all of the CHF community, I can just encourage them to work hard in order to reach their goals and never give up. Also, to use any resource available in CHF to be successful. Thank you to the CHF staff who helped us during the time we spent together."

We are so proud of the Boyamba family and the hard work they put in to achieve their goals of providing a better life for their kids!



"Thank you to the CHF staff who helped us during the time we spent together." -Papy



### 2018 Partners

# OUR 2018 WORK WOULD NOT HAVE BEEN POSSIBLE WITHOUT THE HELP FROM OUR GENEROUS COMMUNITY PARTNERS!



#### **REDUCED FEE COUNSELING FROM:**

Angie Dancer, MAPC, Trusted Health Network LeAnne Downing, RN, BSN, Certified Life Coach, Light Foot Coaching Eric Epstein, Consultant, The E Agency Frances Forgione, MSW, LCSW, LAC of Denver Counseling, Executive Life Coaching Angie Johnston, MA, Trusted Health Network Jolene Miller, MA, LPC, 4 Gateways Coaching Dr. Reggie Moore, PhD, NAC, ACS The Timothy Mission

Mark Whitney, MA, LPC of Magnus Opus Counseling

### **TOP TEN FOUNDATIONS & GRANTS**

Anschutz Family Foundation A.V. Hunter Trust City of Westminster Crossroad Community Church Daniels Fund Dobbins Foundation Loretta and Leigh Norgren Foundation Nathan B. & Florence R. Burt Foundation Records-Johnston Family Foundation, Inc Sam S. Bloom Foundation Spirit of Christ Catholic Community Virginia W. Hill Foundation

### Thank you.

The board and staff of CHF not only work on behalf of our families, we also role model what it means to be an overcomer, what it means to work hard, and what it means to live a successful life. We honor appropriate transparency and vulnerability as we walk out what we teach.

# 2018 BOARD OF

# DIRECTORS

TERRI TAYLOR | President Head of Math Department at Mandalay Middle School

VICKY REIER | Vice -President Retired Assistant City Manager, City of Arvada

JAN WIENS | Secretary Former Business Woman & Community Leader at First Bank

TOM FAULKNER | Treasurer Retired President of Furniture Row

#### NICK BURCH | Board Member Log Home Team Leader (Sales &

Marketing) Sashco, Inc

GAYE ANDERSEN | Board Member Retired Business Woman & Community Leader

MIKE REID | Board Member Retired HR Executive, U.S. Dept. of Commerce Petroleum

#### GRETCHEN KUSHNIROFF | Board Member

Former Sales Professional and Leader in Volunteering for Homeless Organizations

### Meet our 2018 CHF team!



**2018 CHF Staff** Karen Allen, M.A. Executive Director of CHF

Allison Bristow, MPH Office Manager

Elaine Nava Senior Case Manager

Jamie Parmley Facilities Supervisor

Bonnie Russell Bookkeeper Andrey Russ Facilities Staff

Paul Kalb Resource and Information Manager

Deanna Mayberry

Case Manager, Development Coordinator

